



# HERITAGE

Autumn 2008

# TRAVEL

# CLUB

# NEWS

## Capitol Federal



### HTC

The *Heritage Travel Club News* is a quarterly publication from Capitol Federal. Additional information can be found at [www.capfed.com](http://www.capfed.com).

**Editor:** Rebecca B. Lutz  
**Associate Editor:** Mary W. Lenz  
**Graphic Design:** Capitol Creative



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MEMBER  
**FDIC**

### More Exciting Trips Planned for 2009!

The Heritage Travel Club has arranged a great mix of tours for 2009. From Day tours to International Destinations there is something for everyone! We still have a few seats left on our annual New Theatre and Plaza Lights tour on December 10, 2008. Enjoy a wonderful Buffet Lunch followed by the hit production “Boeing-Boeing” starring Marla Gibbs from the TV show *The Jeffersons*. After the production, we will view the lights on The Plaza before heading home.



The New Theatre and Plaza Lights will make a return next December as well with a new show. But before that we will offer the KC Homes of the Rich and Famous Tour next May and an opportunity to see “My Fair Lady” at the Topeka Civic Theatre July 31, 2009.

International Tours being offered will again include our annual Irish Treasures Tour as well as a tour to this past year’s Olympic city of Beijing, China in March. The club is also offering an opportunity to visit Peru, the Ancient Land of Mysteries, featuring a visit to Machu Picchu April 15-27, 2009.

HTC will offer a myriad of travel opportunities for next fall. Two motorcoach tours departing from our area will include a Colorado Trains Tour in September and a return to the Albuquerque, New Mexico Balloon Fiesta in October. The annual New England and Cape Cod trip that tours five states with beautiful fall foliage includes a visit to Martha’s Vineyard as well. Enjoy a tour to San Francisco, visiting China Town and the Wine Country. The New York Thanksgiving Theatre Tour will be returning for the 36th straight year. Don’t miss this opportunity to visit New York City during the holidays.

Details for these tours will be available at [www.travellersinc.com](http://www.travellersinc.com). Please watch for details of our first trip to a beautiful, all inclusive resort in Puerto Vallarta, Mexico in January 2010!!

# FEATURED TRIPS

\*dates and prices are subject to change



## New York Thanksgiving Theatre Tour

**November 25 - 29, 2008**

Don't miss our most popular tour with the annual Macy's Thanksgiving Day Parade, Radio City Music Hall's *Christmas Spectacular*, two Tony Award winning Broadway shows - *Gypsy* and *August: Osage County* - and dinner at Tavern on the Green.

**Tour #08014**

**\$2,295 per person/double occupancy**

## Omaha Holidays Tour

**December 7 - 8, 2008**

Enjoy a traditional "Christmas in Germany" celebration and "The Christmas Carol" at the Omaha Community Playhouse. Visit Boys & Girls Town, then feast on an elegant Holiday Buffet at the Renaissance Mansion and tour the Gingerbread Village at the Mormon Trail Center.

**Tour #08018**

**\$299 per person/double occupancy**



## DAY TRIPS

### New Theatre & Plaza Lights

**December 10, 2008**

Always a treat for the Holiday season! Join us for a delicious lunch buffet and the delightful Marla Gibbs in the hit production of "Boeing-Boeing, a Non-Stop Comedy". Bernard is a bachelor juggling a very precarious social calendar. He is engaged simultaneously to three different stewardesses. Helped by his long suffering housekeeper, Bertha (Marla Gibbs), Bernard has devised a sophisticated timetable, so that each girlfriend visits him on their layovers and remains completely oblivious to the other two. Everything proceeds like clockwork until the arrival of the new double speed Super Boeing which changes the schedule of the airlines. Bernard's old school friend, Robert, arrives unexpectedly and unwittingly joins in a farcical whirlwind of mayhem. Following the show, you'll enjoy the dazzling display of the Plaza lights and do a little holiday shopping before returning home.

**Tour #08020**

**\$79 per person**



## Beijing City Stay

**March 17 - 25, 2009**

Experience this fascinating city and learn of the beauty and intrigue of its ancient culture. You'll tour Tiananmen Square, the Forbidden City, Beijing's Summer Palace and beautiful gardens, The Great Wall, Temple of Heaven, and the Beijing Zoo, home of the famous Pandas.

**Tour #09021**

**\$2,049 per person/double occupancy**

## Peru: Ancient Land of Mysteries

**April 15 - 27, 2009**

Journey to the diverse and mysterious land of Peru, featuring Machu Picchu and the "Lost City of the Incas". Cruise the floating islands of the Uros people of Lake Titicaca and the Ballestas Islands, known as the "Galapagos of Peru".

**Tour #09029**

**\$4,099 per person**



For a complete itinerary, call **Travellers at 1-800-382-6700**



or visit our website at [www.travellersinc.com](http://www.travellersinc.com)



## Pick-Up Locations (Motorcoach Day & Overnight Trips Only)

As a service to you, we have designated locations where you can be conveniently picked up for your motorcoach trip. Please check individual trips for pick-up times and availability. Anyone interested in a tour but needing alternate travel arrangements, please contact Travellers at 1-800-382-6700 and ask for Heritage Travel Club. They will be happy to assist you with making those arrangements.

### Overland Park

Capitol Federal Office  
9500 Nall Avenue

### Lawrence

Dillon's  
6th St. & Lawrence Ave.

### Topeka

Capitol Federal Office  
2865 SW Wanamaker Rd.

## Davidson's Kansas City Tour of the Homes of the Rich & Famous

**May, 2009**

A favorite of 2008! Don't miss this tour with Don Davidson as your tour guide. See past and present Kansas City homes of over 100 different people, including Mickey Rooney, Jean Harlow, Ginger Rogers, Ernest Hemingway, Walter Cronkite, Bo, Quiz, Rush, Lumpy and many more. Includes lunch at the Hometown Buffet in Independence, Missouri.

**\$69 per person**

## Congratulations to the winners of last issue's Timeless Trivia!

Melba Cook - Wichita, KS  
 Arden Mac Dowell - Olathe, KS  
 Marilyn McNabb - Lawrence, KS  
 Peggy Neal - Leawood, KS  
 Ron Howard - Topeka, KS

Kay Huff - Overland Park, KS  
 Jan Hummel - Topeka, KS  
 Lois Renfro - Shawnee Mission, KS  
 Dennis Strawn - Topeka, KS  
 Betty Taylor - Gardner, KS



This quarter's Timeless Trivia takes you to China, the location of our first tour of 2009. Join us for this international adventure! Mail your answers to:

**Capitol Federal  
 Marketing/Timeless Trivia  
 700 S Kansas Ave  
 Topeka KS 66603**

## Did You Know...?

### You Can Save on Funeral Costs

by not impulse buying or purchasing stuff you don't really want. You pay too much for stuff you really don't want. If you wait until a loved one dies, emotion influences your choices, and you spend more. The best strategy to control costs and make sure your wishes are carried out is to do what the funeral industry calls "pre-need planning".

Lisa Marshall, managing director of corporate communications for Service Corporation International (SCI), North America's leading provider of death-care products and services, says, "The best way to save is to lock in the price as a hedge against inflation." About 20 percent of SCI's funerals are planned and paid for in advance.

The first step is to decide whether you want to be buried or cremated. Cremation goods and services cost an average of \$1,500. A memorial service held at your church or outdoors can also save on mortuary charges.

For casket burial, the price of a funeral - averaging about \$6,000 nationally - does not



include a burial plot, a headstone or other cemetery fees. If this is your choice, let your provider know you're price sensitive. Avoid expensive upgrades pitched to "protect the body from decay".

Planning ahead, whether or not you prepay, allows you to comparison shop, using common sense rather than emotion as your guide. You can make sure things are just as you want. And you relieve your family of burdensome decisions after you're gone.

*Adapted from:  
 Senior Spirit, Vol. 10, No. 2*

While considering these plans, it's also a good time to review your Life Insurance. Feel secure in knowing your family will have what they need. Visit with one of our Capitol Agency representatives.

Not a Deposit	No Bank Guarantee	Not FDIC Insured
Not Insured by any Government Agency		May Lose Value

The deadline is Wednesday, December 3, 2008. Ten winners will be drawn from all correct entries. They will be contacted by mail and receive a surprise gift! No purchase necessary. Correct answers will be available at capfed.com after December 4. Good Luck!

1) On what date did the Chinese People's Liberation army "formally" enter Beijing?

2) On what date and at what famous location in Beijing did Chairman Mao declare the formation of the People's Republic of China?

3) Through how many miles of China does The Great Wall meander?

4) What color is known to be the "symbol of the royal family" in China, and thus is "the dominant color in the Forbidden City"?

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

If you win, do we have permission to print your name in the next newsletter?

Yes  No

Topeka, Lawrence,  
 Emporia  
 Ed Cox, CPCU  
 785-231-6383  
 ecox@capfed.com

Wichita, Salina,  
 Manhattan  
 Sue Crenshaw  
 316-689-3189  
 screnshaw@capfed.com

Greater  
 Kansas City  
 Mike Toledo  
 913-652-2317  
 mtoledo@capfed.com

Greater Kansas City  
 Judy Bridge  
 AIS, API, AIP  
 Certified Insurance Counselor  
 913-652-2335  
 jbridge@capfed.com

## Easy Pumpkin Muffins

- 1 (18.25 ounce) package spice cake mix
- 1 (15 ounce) can pumpkin puree
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1/4 teaspoon ground cloves



1. Preheat the oven to 350 degrees F (175 degrees C). Grease a 12 cup muffin pan or line with paper liners.
2. In a large bowl, mix together the cake mix, pumpkin puree, cinnamon, nutmeg and cloves until smooth. Spoon equal amounts of batter into the prepared muffin cups.
3. Bake for 20 to 25 minutes in the preheated oven, until a toothpick inserted in the center of one comes out clean.



# Capitol Federal

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## RESERVATIONS



**SPACE IS ALREADY LIMITED, PLEASE BOOK AS SOON AS POSSIBLE!**

To make a reservation, complete the information below and return with your payment.

- Deposit of \$300 per person required on all Featured Trips.

For more information, please call **Travellers** at **1-800-382-6700** and ask for the Heritage Travel Club.



Tour # \_\_\_\_\_ Tour Name \_\_\_\_\_ Number of People \_\_\_\_\_

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Special Needs \_\_\_\_\_

I wish to room with \_\_\_\_\_

Please make checks payable to  
**Travellers, Inc.**

**Capitol Federal**  
**Heritage Travel Club/Travellers, Inc.**

and mail this reservation form to:

**831 Massachusetts Street, Lawrence, KS 66044**