



HERITAGE

Autumn 2005

TRAVEL CLUB

NEWS

Capitol Federal



Irish Treasures Tour - More Than Just Golf

May 19 - 27, 2006

The Heritage Travel Club is offering our members a fantastic opportunity to tour Ireland. Whether your interest is genealogy, architecture, archeology, gardens or just great fun – this is the tour for you! Our seven-night tour includes air from Kansas City, a full Irish breakfast daily and two dinners. You will enjoy luxurious accommodations in hotels, a 12th century castle and a manor house.



The *Heritage Travel Club News* is a quarterly publication from Capitol Federal. Additional information can be found at www.capfed.com.

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True Blue® for over 110 years



The Irish Treasures Tour is May 19-27, 2006, and space is limited. Springtime in Ireland is breathtakingly beautiful and this is your chance to experience it! Highlights include visits to Trinity College and “The Book of Kells”, Dublin and Galway city tours, Glendalough’s sixth century monastic site, Blarney Castle and the Blarney Woollen Mills. You will visit the Cliffs of Moher, the Burren area, and the Dingle Peninsula. This tour also provides private demonstrations at Connemara Marble Factory and the Celtic Crystal Factory. No tour to Ireland would be complete without the opportunity to visit Adare’s thatched cottages, Durty Nelly’s and Bunratty Castle.

Tour members have the option to enjoy their own sport in a country which is known for its golf and fishing! Golfers can play at any of the following courses: Ballybunion and Lahinch (Championship courses considered as two of the top ten courses in the world), Kilkea Castle and Adare Manor. Optional fishing is possible in Killarney. For the ladies there are spa treatments available at our hotel - Killarney Plaza.

For those of you who enjoy walking, we offer an optional excursion that will tantalize you! This is an exciting day trip that is not included in most tours to Ireland. We will travel by ferry and arrive at Inis Mor where you can tour Kilronan and Dun Aengus - one of the finest prehistoric monuments in Europe. Those not taking this side trip will visit the Connemara region and “Quiet Man” country where the famous film was made.

Those who have traveled on the New York Theatre Tour will recognize Tour Manager Rosemary Stipe. This will be her 46th trip to the Emerald Isle! You will enjoy places not typically seen while traveling with an expert in this magnificent country.

Tour # 06015
\$2,598 per person/double occupancy, \$2,998 per person/single occupancy

FEATURED TRIPS

*dates and prices are subject to change



Also New
for 2006!

Callaway Gardens

April 12 - 14, 2006

For golfers who want to stay a little closer to home, join us in Pine Mountain, Georgia, where you'll tee off at the Lake View or Mountain View courses. Non-golfers will have the option to tour Callaway Gardens, the FDR Museum and historic downtown Warm Springs.

Tour # 06034

\$799 per person/double occupancy

\$899 per person/single occupancy

San Francisco Getaway

May 8 - 12, 2006

Join tour members for a trip to San Francisco and the Pacific Ocean. You'll visit Chinatown, Pebble Beach, Monterey, the Golden Gate and Bay Bridges, Fisherman's Wharf, Union Square and the beautiful and picturesque Napa Valley wine country.

Tour # 06030

\$1,459 per person/double occupancy

\$1,819 per person/single occupancy

Heart of Alaska Cruise/Tour

August 15 - 26, 2006

Experience the rugged wilderness of Alaska by land and sea as you travel to Fairbanks, Denali National Park, Talkeetna and cruise scenic Glacier Bay and the beautiful College Fjord.

Tour # 06016

\$3,849 per person/double occupancy

Oceanview cabin w/private balcony

\$6,149 per person/single occupancy

Oceanview cabin w/private balcony



New England & Cape Cod

October 1 - 8, 2006

Tour five New England states with stops in Boston, Martha's Vineyard, Hyannis, the White Mountains and Plymouth Rock. Experience the beauty and ever-changing colors of Autumn and savor a real New England lobster bake.

Tour # 06017

\$1,999 per person/double occupancy

\$2,729 per person/single occupancy

Albuquerque Balloon Fiesta

October 6 - 10, 2006

You'll find picturesque landscapes and a sky full of color in New Mexico as you experience the Mass Ascension of hot air balloons. We'll also explore the old-world charm of Santa Fe and see the Loretto Chapel. Includes five meals.

Tour # 06018

\$1,499 per person/double occupancy

\$1,929 per person/single occupancy

Christmas on the Riverwalk

December 4 - 8, 2006

Travel to San Antonio, Texas for a stay near the famous Paseo del Rio, dressed in thousands of lights for the season. We'll also tour nearby Austin for a visit to the LBJ Library and Museum. The following day, we visit the Alamo.

Tour # 06031

\$1,449 per person/double occupancy

\$1,939 per person/single occupancy

☎ For a complete itinerary, call **Travellers** at **1-800-382-6700** ☎

or visit our website at www.travellers.vacation.com



Congratulations to the winners of last issue's Timeless Trivia!

Debbie Asner, Overland Park

Harold Asner, Overland Park

Vicki Asner, Overland Park

Edith Black, Lawrence

Jean Branit, Fairway

Ken Carlson, Overland Park

Donna Larrison, Topeka

Jere Lee, Broken Arrow

Connie Lovsky, Olathe

Ian Snitz, Olathe

STAY TUNED!

Next issue we'll have information on the 2006 Heritage Travel Club **New York Thanksgiving Theatre** and **New Theatre & Plaza Lights** trips. Our 2005 season is already sold out, and these trips remain our most popular!

Did You Know...?

Identity Theft Could Happen to You.

Identity theft is the fastest growing white collar crime in America. When identity thieves obtain your personal data (such as a credit card number or Social Security number), they can assume your identity and take over existing credit accounts, open new accounts, or apply for loans – often without your knowledge and ruining your credit history in the process.

While the more elaborate schemes are the ones that often make headlines, most identity thieves still obtain a victim's information through conventional paper means including:

- a lost or stolen wallet, check or credit card,



- “dumpster-diving,” or digging through your trash for statements and other financial information,
- theft of mail from your mailbox.

Provided courtesy of Travelers Insurance, learn more in our next issue about protecting your identity. For more information on identity theft protection, contact your local Capitol Agency agent.

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SENIOR ALERT: In a recent news release, Mid-South Better Business Bureau warned seniors of scam artists who are beginning to take advantage of the new senior Medicare drug benefit being made available through open enrollment starting November 15. These scam artists are phoning seniors offering to complete their paperwork, but really is a scheme to obtain personal information and take their money. The release went on to say, "While telemarketers are allowed to call seniors on behalf of private insurers, they cannot ask for private information." Be cautious of such company names as Star Communications, Spark Communications and Consumer Rewards Network. To confirm the authenticity of the caller and company, phone 1-800-MEDICARE.

- from "Seniors Warned of Latest Scam", Richard Ransom

Pork & Peach Bake

- 1 6-ounce package stuffing mix
- 1/2 cup peach preserves
- 4 pork chops (1/2 inch thick)
- 2 tablespoons CRISCO® vegetable oil
- 1 8-ounce can sliced peaches, drained



Make stuffing mix according to directions, decreasing water by 1/4 cup; stir in 1/4 cup jam. Spoon stuffing into ungreased one-quart casserole.

Heat oven to 350° F. Cook pork chops in oil in medium skillet over medium heat until browned on both sides. Arrange pork chops and peaches over stuffing. Spoon 1/4 cup jam over chops. Bake, covered, until pork chops are tender, 45 minutes to one hour. Makes four servings.



This quarter's Timeless Trivia takes us to Ireland. Join other Heritage Travel Club members as they enjoy the Emerald Isle and discover its Irish Treasures. Mail your answers to:

**Capitol Federal
Marketing/Timeless Trivia
700 S Kansas Ave
Topeka KS 66603**

The deadline is Friday, December 2, 2005. Ten winners will be drawn from all correct entries. They will be contacted by mail and receive a surprise gift! No purchase necessary. Correct answers will be available at www.capfed.com after December 2. Good Luck!

1) A “World Heritage Site”, this Megalithic Passage Tomb was built in 3200 B.C. and may be older than the Pyramids of Egypt. Name this Passage Tomb.

2) What annual event allows sunlight to penetrate the passage and chamber of the Passage Tomb?

3) What is Saint Patrick’s real name?

4) This famous Irish site, called Temair in Gaelic, was the sacred dwelling place of the gods and the entrance to the otherworld. Myth has it that this is where St. Patrick challenged the ancient pagan religion.

Name _____

Address _____

City/State/Zip _____

Phone Number _____

If you win, do we have permission to print your name in the next newsletter?

Yes No



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RESERVATIONS



SPACE IS ALREADY LIMITED, PLEASE BOOK AS SOON AS POSSIBLE!

To make a reservation, complete the information below and return with your payment.

- Deposit of \$300 per person required on all Featured Trips

For more information, please call **Travellers** at **1-800-382-6700** and ask for the Heritage Travel Club.



Tour # _____ Tour Name _____ Number of People _____

Name(s) _____

Address _____

City/State/Zip _____

Daytime Phone _____ E-mail _____

Special Needs _____

I wish to room with _____

Please make checks payable to **Capitol Federal**
Travellers, Inc. **Heritage Travel Club/Travellers, Inc.**
and mail this reservation form to: **831 Massachusetts Street, Lawrence, KS 66044**