



Welcome Summer, with Blue Bucks!



True Blue® for over 110 years

700 S Kansas Ave, Topeka KS 66603

TO:

PRSR STD
U.S. POSTAGE
PAID
TOPEKA, KS
PERMIT NO. 493

CRAFT



HOMEMADE KOOZIES

- 1 spool all-purpose thread
- Hook and loop fastener tape
- 1 yard cotton fabric (makes 6 coolers)
- 12" x 24" piece of 1/2" thick foam rubber

Cut fabric into (12)-1/2" x 10" pieces. Cut foam rubber into (11)-1/2" x 4" pieces. Cut a 3 1/2" piece of hook and loop tape.

Press one long edge of fabric under 1/2".

Wrap fabric around foam, overlapping folded edge over the raw edge of fabric in the center of the foam. Short ends of fabric should extend 1" beyond foam. Top stitch next to fold. Stitch again 1/4" from fold.

With the seam side up, fold one end of fabric over 1/2". Cover with loop side of tape. Stitch tape in place. Stitch again to secure.

Turn wrap-around over. Fold end over 1/2". Cover with hook side of tape. (The hook and loop tape should be on opposite sides of the koozie). Stitch tape in place. Stitch again to secure.

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FUNNIES FOR A FRIEND: What do you call two banana peels? *ISREDDITS FO RIND Y*
A PAIR OF SLIPPERS

RECIPE

YOGURT POPSICLES

- 1 carton vanilla yogurt
- 1 can 6-oz unsweetened concentrated orange juice
- Dash of vanilla and/or honey*

Mix well and freeze in molds (3-oz paper cups can be used). For handles, insert wooden sticks of spoons when mixture is partially frozen.

*Do not use honey if giving to children under 1 year



DO YOU KNOW?

Are you traveling during your summer vacation? Do you know the capital of the state you are traveling to? See how many capitals you can figure out in the list below. The first letter of the correct answer is filled in for you.

- | | | |
|--------------------|-----------------------|----------------------|
| M_____ Alabama | B_____ Massachusetts | P_____ South Dakota |
| J_____ Alaska | L_____ Michigan | N_____ Tennessee |
| P_____ Arizona | S_____ Minnesota | A_____ Texas |
| L_____ Arkansas | J_____ Mississippi | S_____ Utah |
| S_____ California | J_____ Missouri | M_____ Vermont |
| D_____ Colorado | H_____ Montana | R_____ Virginia |
| H_____ Connecticut | L_____ Nebraska | O_____ Washington |
| D_____ Delaware | C_____ Nevada | C_____ West Virginia |
| T_____ Florida | C_____ New Hampshire | M_____ Wisconsin |
| A_____ Georgia | T_____ New Jersey | C_____ Wyoming |
| H_____ Hawaii | S_____ New Mexico | |
| B_____ Idaho | A_____ New York | |
| S_____ Illinois | R_____ North Carolina | |
| I_____ Indiana | B_____ North Dakota | |
| D_____ Iowa | C_____ Ohio | |
| T_____ Kansas | O_____ Oklahoma | |
| F_____ Kentucky | S_____ Oregon | |
| B_____ Louisiana | H_____ Pennsylvania | |
| A_____ Maine | P_____ Rhode Island | |
| A_____ Maryland | C_____ South Carolina | |

Did you get them all? Get rewarded for your hard work! Send in your answers to the address below and if your name is drawn, we'll send you a special Blue Bucks gift!

9500 Nall Avenue, Suite 400
 Overland Park, KS 66207

Mail by August 18, 2006.